







# **Keynsham Community Fridge**

20 Temple St, Keynsham, BS31 1EH It's for everyone and all FREE.

A community fridge with surplus food donated by local suppliers. We are kindly hosted by Savour Kitchen and we're open when they're open! Weekdays 8.30 - 4.00, weekends 9.00 - 3.00.

Take what you will use, leave what you won't.

Look up Keynsham Community Fridge on Facebook. Save good food from going to waste.



## Bright Start Children's Centre Keynsham

#### Keynsham Children's Centre, 65 West View Road, Keynsham, BS31 2UE



Affordable food and additional support for families with children living locally. Membership is £1 a year and a weekly food basket is £3.50. You must live in Bath & North East Somerset and have a child aged between 0 and 18.

Hours: Thursday: 1:00 pm - 3:00 pm



#### **One Community Trust.**



One Community Trust hosts a FREE two course lunch every second Saturday of the month over two sittings:

12-1pm and 1-2pm. It is for people who might be struggling with the cost of living or who live alone or are elderly and vulnerable. Nobody is excluded, no questions, no agenda.

Takeaways are offered to those who are unable to eat in.

Book at Keynsham Library or email octkitchen@outlook.com

# Southside Family Project - Keynsham Community Group Southside

Enjoy a Packed Tea, Play and Support at

the Methodist Church, Queens's Rd, Keynsham BS31 2NR every Thursday during term time from 3.45 pm to 5.30 pm For more information call Southside on 01225 331243

#### Keynsham Foodbank

Keynsham Foodbank provides food and support to local people. If you need help, contact a referral agency. See the web site for a list of local agencies. www.keynsham.foodbank.org.uk



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Once you have been issued with an eVoucher, you will be able to visit one of the centres to collect your food parcel.

- Monday: 10-12, The Key Centre, Keynsham
- Thursday:10-12, St Francis Church, Keynsham
- Friday: 10:15-11:45, St Mary's Hall Saltford

#### Keynsham Community Hub (formally Community @67)



Keynsham Community Hub based at 67
Queens Road provides a weekly Public
Living Room which is a warm and welcoming
place to meet new people and enjoy a
delicious lunch.

Our cosy space offers good company and the perfect opportunity to socialise and make new friends.

Come by every Tuesday from 12:30 pm to 4:30 pm and be part of our friendly community. Whether you're looking to relax, have a chat, or simply enjoy a meal, there's a place for you here.



# Social Group and Lunch Keynsham (Baptist Church)

Our Social groups are Tuesdays and Fridays, 10am - 2pm.

Memory Group is on Wednesdays, 10 - 2pm

All groups £50 including transport and lunch

Venue - Keynsham Baptist Church, High Street, Keynsham BS31 1DS

Tel - Lorraine Fox - 07761 747039

#### **Keynsham and District Dial-a-Ride**

Dial-a-Ride is a door-to-door, fully accessible minibus service for people who cannot use conventional public transport

You must register before you can book any journeys.

To register please email <u>Admin@keynshamdialaride.co.uk</u> or call the coordinator on <u>01225 395628</u>



Information about other food projects in B&NES can be found at www.banesfoodfinder.org.uk

# **The Community Wellbeing Hub**



The Community Wellbeing Hub provides a central place to access a range of services to improve your health and wellbeing, including accessing food. 0300 247 0050 www.communitywellbeinghub.co.uk