

Winter 2018 - Issue 27

# KEYNSHAM NEWS



Produced for Keynsham Town Council



*Keynsham Winter Festival*

Friday 30th November 2018 | 6-9pm



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# WELCOME TO KEYNSHAM NEWS



**W**elcome to the Winter 18 edition of the Keynsham News. This indeed is a very special year as we mark the centenary of the end of the First World War. From the amazing poppy cascade and children's service at St John's Church to the attendance of many local people on Remembrance Sunday, we pay tribute to those brave Keynsham people who gave their lives to secure our way of life.

On Friday 30th November we celebrate this year's Winter Festival with a Dickensian theme. With a procession, stage show, stalls & events, plus our children's and shop competitions, it promises to be an exciting evening for all the family. A warm welcome is extended to all new residents; we would love for you to join us in celebrating this well loved community event.

I am pleased to report that the extensive work on our Neighbourhood Plan continues as we contribute to the creation of B&NES Local Plan. These key activities will become even more important as our focus swings to the strategic development north of the railway line. All of this requires Keynsham Town Council to work more closely with the business community in supporting our hard pressed retailers and the wide range of businesses of all sizes and types that help to sustain a viable and successful community.

Our town meeting with GWR on 8th November was intended to strengthen the crucial role of the train station for residents and business. This process will be monitored closely as we seek enhanced services to serve our growing community. Our new well attended Business Network will hold its next forum at The Chocolate Quarter on Wednesday 5 December.

Stay safe and perhaps spare a little time to assist a neighbour who is having a bad experience. Recently, Keynsham Town Council was pleased to offer time and support to residents in Tintagel Close to help improve their domestic circumstances. We are a great community, but we're only as strong as our weakest parts.

Best wishes

CLlr Clive Fricker, Chairman, Keynsham Town Council

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## KEYNSHAM BUSINESS FORUM EVENT

### 5TH DECEMBER 2018

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The next Keynsham Business Forum event is being held on Wednesday 5th December in the Chocolate Quarter, Somerdale, Keynsham. It's our last event before Christmas, the last one of 2018, so this will be a social event with an opportunity for lots of networking with other businesses, retailers and homeworkers in the Town. We also have two speakers booked for the evening who will present on B&NES Business Assistance 2019 and future Public Realm within the centre of our Town.

Free tickets for the event will be available by Event Brite from week commencing 5th November 2018. Those registered on our business database will receive the usual email with the link attached to register for your tickets.

If you are a Keynsham business or retailer not

already on our contact list and would like to be invited to this and future events, please email your name, company name, address and telephone number to Dawn Drury – [deputytownclerk@keynsham-tc.gov.uk](mailto:deputytownclerk@keynsham-tc.gov.uk) or alternatively telephone 0117 9868683 with these details.

#### **Special Message for Homeworkers**

In 2019, we will be producing a directory of all businesses in Keynsham (and entry will be free) in respect of this, we particularly need to contact all homeworkers in Keynsham. If you would like to attend our future events and be included in the free directory please email your name, company name, address and telephone number to Dawn Drury – [deputytownclerk@keynsham-tc.gov.uk](mailto:deputytownclerk@keynsham-tc.gov.uk) or alternatively telephone 0117 9868683 with these details.

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## B&NES LOCAL PLAN CONSULTATION AND

### KEYNSHAM PUBLIC REALM CONSULTATION

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Have your say on these two forthcoming consultations - the B&NES Council Local Plan Consultation and the Keynsham Public Realm Consultation.

#### **B&NES Local Plan**

Bath & North East Somerset Council has been preparing a new Local Plan for the District, through which the Core Strategy is being reviewed. The new Local Plan is being prepared alongside the West of England Joint Spatial Plan which will provide a new strategic planning context for all four West of England Districts for the period 2016 - 2036.

The new B&NES Local Plan will include a strategy to guide development, site allocations (including strategic development locations and smaller sites) to meet development requirements and district-wide Development Management policies for determining planning applications.

Further details can be found at [www.bathnes.gov.uk/](http://www.bathnes.gov.uk/)

[services/planning-and-building-control/planning-policy/local-plan-2016-2036](#).

The B&NES Local Plan consultation period is between 12th November 2018 and 21st December 2018.

#### **Keynsham Public Realm Consultation**

The Local Plan Consultation is to be held in conjunction with a Keynsham Consultation on the Public Realm within the Town. The focus of the consultation will be on the nature and quality of the 'public realm' within the High Street and Temple Street and this will be your opportunity to have a say on what the centre of town should look like in the future.

Displays in respect of these consultations and members of B&NES Council will be on hand to answer questions at a consultation event to be held in The Space (above Keynsham Library) on Thursday 22nd November 2018 – 3.30pm-7.30pm.

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# THE NEIGHBOURHOOD DEVELOPMENT PLAN

**W**e are now putting together the Neighbourhood Development Plan documentation, which is a huge task.

When we started the Neighbourhood Development Plan, we had some large, open workshop sessions, and took suggestions from hundreds of residents regarding issues and important points. These ideas were collated, and the 5 NDP Topic Groups began to meet, using these suggested issues as a starting point for discussion.

For over a year and a half, groups of residents have volunteered their time to attend these Topic Group meetings, and there have been some lively discussions/debates, and more ideas have come out of them.

These ideas are currently being honed-down into specific objectives and policies, which will form the core of the Neighbourhood Development Plan. In the New Year, we will be looking at putting the rest of the document together, ready for submission.

What will be in the Neighbourhood Development Plan?

There are some core elements that need to be in the NDP document - primarily these are:

## Our Vision Statement and Aims

### Setting and Context of the Plan

Local geography, landscape and character assessments of the area

### Background

- How NDP was put together
- Identification of Key Issues
- Gathering supporting evidence

## NDP Objectives

Description of what we want to achieve through our NDP.

## NDP Policies

These policies, if agreed and adopted, will provide the basis for the determination of planning applications, and as such are part of the National Planning Policy Framework. Policies exist to:

- provide clarity on what will be expected from a development proposal
- give prospective investors (inc. future residents) confidence in how the area will change in the future
- ensure that the impact of development is anticipated and planned for (e.g. by protecting wildlife sites, requiring open spaces, community facilities and required infrastructure)
- Aspirations - Statements relating to how we envision Keynsham developing in the future, but which cannot be considered as Planning Policy. These statements are not 'enshrined' in legislation, but they do give context to the policies, and give a clearer picture and guidelines to Planning Committees who may refer to the NDP

## Future Projects

Ideas for future, local projects which should be implemented to bring us towards our over-all Vision. These projects should be considered on merit as and when local funding becomes available.

## Other supporting information

The document will also need to include any evidence we have to support the identification of key issues and our proposed policies, along with photographic evidence, consultations, research etc. we have undertaken.

Our document should align with the higher-level planning policy documents produced at Local Authority level, which in turn should align with National Planning Policy guidelines.

Once completed, the draft document will be submitted to BATHNES for a 6-week consultation, and amendments made where necessary. The next stage is that the Plan is passed to an independent examiner who may recommend further amendments. After this, the Plan goes to residents via a local referendum. If the referendum shows a majority community support (more than 50% of the turnout, which must be above the minimum required level), the NDP is implemented. Once this happens, the policies within our NDP carry as much weight as other planning policies for our area.

If you have any questions, or want to know more about the Neighbourhood Development Plan, please contact Deb Cooper, our NDP Co-Ordinator - [ndp@keynsham-tc.gov.uk](mailto:ndp@keynsham-tc.gov.uk)



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## KEYNSHAM GOOD CITIZEN AWARD

Keynsham is once again looking for nominations for its Good Citizen Award.

2019 will be the 12th year that the Town Council will be running the awards that aim to reward the individuals who devote their own time and effort to enhancing the community and area in and around the town.

Deputy Town Clerk, Dawn Drury said: "It's important for the Town Council to recognise the good work of the citizens of Keynsham.

"The town has many worthy organisations that make Keynsham a better place for all, and within those organisations are some very special people that deserve the recognition of the Good Citizen Award."

Over the coming weeks, residents are being asked to nominate anyone they feel deserves recognition for what they have contributed to Keynsham.

All the nominees will be invited to a ceremony at the annual town meeting and winners will receive a framed award and £100 to put towards a community group or cause of their choice within the Keynsham area.

Last year's winner was Mary Burnard, for her work with the Keynsham Talking Newspaper.

If you would like to nominate somebody to receive the award you can pick up a nomination form at the Town Council office or nominate online at <https://tinyurl.com/keynshamgoodcitizenaward>

# FAHLAG – CONSERVATION IN ACTION



**T**he Fox and Hounds Lane Action Group (FAHLAG) has made significant progress since a few residents asked the Town Council to stop the sale of this land by B&NES earlier this year. This was agreed but only for a six-month period. This plot is a wooded area of about one third of an acre on the Wellsway side of Fox and Hounds Lane, bordering Bath Hill and Avon Road. It has been ignored by various Councils for over fifty years.

A Steering Group has now been established: John Aldridge, Ecologist; Alex Beaumont, KeynshamNow; Sasha and Will Browning, Immediate Neighbours; Will Fear, Greatwood Adventure; Andy Maule, Tree Surgeon; Ian Maxwell, Former Town Planner; Margaret Maxwell, Secretary; Hal MacFie, Treasurer; Dave Sage, Teacher; Andy Wait, Chair; Andrew Worling, Lawyer.

25 residents have become friends of FAHLAG, with that number continuing to grow. There is no doubt that many people in Keynsham want to support FAHLAG as it is an example of the community taking charge. Too often, this town has had planning decisions imposed upon it, so here is a chance for the community to save a valuable resource for future generations.

FAHLAG held a public meeting in The Space on October 8th. About thirty people turned up to be

greeted with information about FAHLAG and the history of the land via a presentation by Margaret Maxwell. The meeting was then split into four groups to discuss the four questions below:

- 1. What sort of green space should the land become?** Most people were concerned to keep the basic character of the land. The consensus was that some areas could be lightly cleared whilst others were left alone to protect the natural environment.
- 2. How do we ensure it is a safe place for people to visit?** Before there is a change of ownership, B&NES has agreed to do essential work to the trees on the boundary of the land that pose a risk to the public, however some boundary walls also need urgent attention. Most people thought there should be very restricted access to the land until the boundaries are made safe.
- 3. How should FAHLAG raise the funding and resources needed for the restoration and future maintenance of the land?** Hopefully, a lot of the work can be done by volunteers. However, there is the need for some specialist work beyond the ability of most members. A Friends Membership Fee was a popular idea, together with grant applications and sponsorship. FAHLAG have already been promised sponsorship from one local Keynsham business. They were contacted in October with an offer of financial support.
- 4. Who should own the land in the long term?** Most residents want the land to be a safe, natural space of some kind, supported by a community group like FAHLAG. Some thought that a leasing agreement between FAHLAG and a Council was a possibility.

FAHLAG Chair, Andy Wait says that this feedback from the public will prove invaluable in drawing



up sustainable plans for the future of the land. He added: "The turnout at our meeting was very encouraging and already many people have offered their support or practical help. This is just the sort of community-based action that the people of Keynsham are renowned for and we are delighted that so many have decided to join us"

The next Steering Group Meeting is in November. FAHLAG will report to the Town Council in November to ensure that councillors are aware of the progress being made. Should you want to learn more about FAHLAG or help in any way, you can contact Andy Wait at [waithere91@gmail.com](mailto:waithere91@gmail.com) or Margaret Maxwell on [FAHLAG18@gmail.com](mailto:FAHLAG18@gmail.com).

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# IN BLOOM UPDATE

**K**eynsham has triumphed once again at the RHS South West in Bloom regional awards, winning GOLD for the fifth consecutive year. We also picked up three judges discretionary awards, for which we were nominated by our regional judges Jane Pagano and Michael Foy.

Keynsham Wombles were awarded the London & Manchester Cup for an Outstanding Contribution to an Environmental Initiative.

Local resident Clare Pollock was awarded the West Country TV Cup for her lovely garden which featured in our regional judging tour. Michael Foy commented that it was like a “Mini Chelsea”. Clare dedicates so much time to designing her garden displays each year; her garden featured in our Floral Bike Trail in 2017 and this year’s Scarecrow Trail. She was also nominated for the best non-municipal floral display.

Our Keynsham Scarecrow Trail was awarded the Serco Cup. This award is given for the best community initiative shown within a main competition area.

South West Tourism Salver - Best Produced Judges Portfolio - The portfolio is given to the judges on judging day, it can take on any form in respect of

layout and content. The portfolio should contain information on the group’s activities, fundraising, key projects undertaken and any other information for the judges to study. It must also include photographs of their Spring Displays. We would like to thank Atanas Kovachev and Atanas Atanasov for putting our portfolio together this year. It was a great achievement to be nominated, considering that there are over 60 regional entries, all having to produce a portfolio.

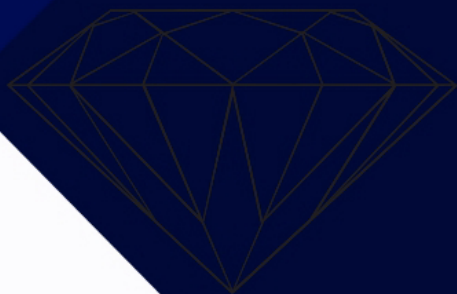
Our achievements this year, clearly demonstrate that Keynsham in Bloom is growing stronger each year, this can only be achieved by the commitment of our community groups and local residents, who have all embraced “Bloom” which has helped to make Keynsham an award-winning Town.

We would like to thank all our volunteers who have helped plant up and water our floral displays. Our hanging baskets this year were superb, and we would also like to thank Keynsham local window cleaner Mark Hacker, who took on the task of watering and maintaining our baskets this year. The hot weather proved to be challenging, but nonetheless Mark’s dedication certainly helped to keep the baskets flowering throughout the summer.





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# A FORCE FOR GOOD IN THE TOWN

**A**s we start our fifth year, KeynshamNow continues to speak for the young people of Keynsham in many ways; combating anti-social behaviour, representing young peoples' view to the decision makers of the town and showing the very best that Keynsham's youth can offer. It is their Youth Town Council, young people make all the decisions.



- Assistant Media is Jasmin Miller, previously a Member of the Youth Parliament and the only member of KeynshamNow who doesn't live in the town. She has a wealth of experience and is an old head on young shoulders.
- We have one new mentor, Jordan Veale who replaces Nick Birt, the ex-TimeOut manager.

Our long campaign for lights at the Skateboard Park continues. We are pleased that there appears to be some progress as we have the weight of public opinion and many councillors firmly behind us.

In September, we held elections. The KeynshamNow Officers for this year are:

- Dani Phillips, who is now in her third year in post, took a little time off in the summer to represent Great Britain in the World Dragon Boat Racing Championships in Germany where she won bronze medals in various categories and some individual prizes as well. Dani is one of the few left from five years ago and is a joy to work with.
- Vice Chair is Alex Beaumont who knows more about politics than any young person I know. He even attended the Conservative Party Conference.
- Secretary is Adam Harris who is Deputy Head Boy at Wellsway School and was an ever present in our assemblies at Wellsway School and IKB in October and November.
- Assistant Secretary is Braeden Wells who, until recently, was our youngest member and also helped us with two assemblies at Wellsway School.
- Media is Caitlin Bren who is one of four mentors and is across all social media and an excellent role model for the KeynshamNow members.

Recent discussions at KeynshamNow include, graffiti painting the Bandstand to the same quality as the work in Temple Street as a way of discouraging vandalism. Asking for a notice to explain to unsuspecting visitors to the town why there is a mosaic by the Bandstand showing some people being hung. KeynshamNow will be at the Winter Festival raising money for CLIC doing face painting and other activities yet to be decided. In October, Dani and Andy gave a talk about KeynshamNow to Keynsham Rotary Club. We are also helping design a questionnaire for young people as part of the Neighbourhood Development Plan. We have also taken assemblies for all students at Wellsway and IKB.

Following Jacob Rees Mogg's Q&A for Parliament Week last year, in November this year, we have Wera Hobhouse, MP for Bath, doing a similar Q&A in TimeOut at 2.00pm on Sunday 18th November. All young people are welcome to attend.

Any young person, aged between 11 and 20 years, wanting to get involved in KeynshamNow or anybody wishing to learn more about the Youth Council can get in touch with our Lead Mentor, Andy Wait by emailing him at [waitthere91@gmail.com](mailto:waitthere91@gmail.com) or visiting our Facebook Page and Twitter account. Our next three meetings are on 12th December, 2nd January and 30th January, all meetings are in The Space at 5.30pm.

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# COUNTRYFILE RAMBLE FOR CHILDREN IN NEED

**F**ollowing the success of last year's event, Keynsham Walkers Are Welcome once again took part in the BBC Countryfile Ramble for Children in Need. Held on Sunday 7th October, 61 walkers turned up to take part. Although numbers were slightly down on last year, expectation was high as we set off from the Memorial Park Cafe, under clear blue skies.

With a full complement of stewards, the route took us along the River Avon, pointing out the importance of Sydenham Meads in English history, and the site of the disused Londonderry Wharf. We carried on along the river bank, under the watchful eye of some cormorants, until we arrived at our refreshment spot; The Lock & Weir at Hanham, where the publican kindly opened half an hour early to accommodate us.

Continuing up past Hanham Court and Hanham Woods, we traversed through two fields of cows and returning to the footpath at Londonderry Wharf, we retraced our steps back to the Memorial Park for a very welcome beverage.

With the donations still coming in to our fundraising page, we're hoping to raise nearly £700, which is only slightly down on last year's total. A special mention must go to Claire Cywinski and Laura and Adam Heard for their trojan efforts in getting sponsorship.

A big thank you to all the people that turned out for the event, making it a thoroughly enjoyable and social occasion.

## 2019 Walkers Are Welcome Calendars

It has been a very busy time for the group because we took delivery of 200 calendars. They feature pictures taken by our members, on walks around the local area. They should be of interest to all



Keynsham residents and would make a lovely Christmas present. You can pick one up at the Keynsham Town Council Office in Temple Street for £4.00 and they're also available online via the Keynsham Walkers are Welcome web-site priced £5.50 to include delivery (search 'Keynsham Walkers are Welcome').

## Bags of Help Scheme

We have been chosen for the Tesco Bags of Help scheme for November/December. If you are shopping at your local Tesco store then we would really appreciate you choosing Keynsham Walkers Are Welcome as your community scheme to back.

## Dates for the Diary Cheese Walk

### Sunday 18th November 10.00am from the Memorial Park Café

A six mile walk to the Bath Soft Cheese Company at Kelston and back; also stopping at the Bird in Hand for refreshments. Children and dogs welcome.

### Sunday 9th December 10.00am from the Memorial Park Café

A two mile wander around the park and fields close to Keynsham to collect greenery, after which we head indoors for a demonstration on making a Christmas table decoration.



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# YOUTH SERVICE UPDATE

**K**eynsham Town Council Youth Service have been busy delivering a wide range of positive activities including completing their amazing 1918 WW1 Letters and 2018 Emoji 'communication' murals outside of the KTC office.

## Did you face the wall?

The young people had a great time at our climbing wall events during the summer, so we brought it back this half term along with some other new activities and trips! We are lowering the age ranges for activities, welcoming any new young people who are in Year 6 and above. All centre-based activities require membership forms and subs.

## TUESDAY

TimeOut Tuesday Project Learn the Ukulele  
7pm - 9.30pm

TimeOut wrapped up its cooking sessions in October. We are now running a new music project which will go on until Christmas. Join us from 7pm to learn the Ukulele with an experienced music teacher, Dan. Sessions are limited to 20 young people so register your interest now to get involved!

## WEDNESDAY

Outreach, Wednesdays 6.30pm - 9pm

The Outreach team are out and about in Keynsham at Kelston Park, Manor Road and the Memorial Park/High Street. They offer information and advice to young people and are looking to engage them in positive activities in their communities and empower them to make change.

Arts and Craft Project Evening, 6.30pm - 9pm

Join us at TimeOut, past projects have included animation and graffiti.



## THURSDAY

TimeOut Thursday Open Access 6.30pm - 9pm

Over the next few weeks we are making and creating items for our Winter Festival stall alongside film nights and other activities. There is always something to do on a Thursday open session so come down and get involved or chill out upstairs with your mates.

## FRIDAY

New Session! Detached 4.30pm - 7pm at Community 67. Open to new young people – membership required.

The detached team are hosting sessions at Community 67 starting with a cooking project.

Join us on these dates 16 and 23 November and two special Christmas cooking sessions on 14 and 21 December.

## Calling all new members!

If you want to see what TimeOut is like, just turn up at a session! Your first session is free, after that you need to sign up as a member and pay 50p subs per session. Follow TimeOut on Facebook or call into the Keynsham Town Council office and pick up a leaflet.

For more information or to reserve a space on any restricted sessions contact Carrie Ford, Youth Worker [youthworker@keynsham-tc.gov.uk](mailto:youthworker@keynsham-tc.gov.uk)

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[katya@orientalrugsofbath.com](mailto:katya@orientalrugsofbath.com) [www.orientalrugsofbath.com](http://www.orientalrugsofbath.com)



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**Help us  
reduce  
loneliness**

**"It was great to feel  
that I was making a  
difference to  
someone's life. I had  
great fun and learnt  
lots of new things."**

Ann, volunteer

We know that getting out more, meeting people and enjoying local activities is really good for the health of older people – but doing so is easier said than done. It can be a bit daunting, so not surprisingly most people would prefer to have someone to go with.

We are looking for friendly volunteers in Keynsham to help us reduce feelings of loneliness by encouraging older people to be more active - that could be going out for a walk or coffee or trying a new activity. For one of our participants it was **"like a door opening"**.

We provide training and will support you every step of the way.  
We'd love to hear from you! To apply please visit:  
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Catherine (Mon-Weds) on 07817 632963, [catherine.robinson@stmonicastrust.org.uk](mailto:catherine.robinson@stmonicastrust.org.uk)



St Monica Trust



# Keynsham Winter Festival

Friday 30th November 2018 | 6-9pm



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# 50TH ANNIVERSARY OF THE BONZO DOG BAND'S 'MYTHICAL' KEYNSHAM ALBUM



**L**ooking ahead to planning the next summer in Keynsham normally brings an annual challenge: and 2019 is no different, because how can the Music Festival ignore the 50th anniversary of the release of the Bonzo Dog Band's seminal Keynsham album?

Keynsham was the band's fourth and last album and the Bonzos ceased to function not long after its release. Their link to Keynsham began on their very first 1967 album *Gorilla* with clear references to Horace Batchelor, the Keynsham football pools pundit, whose famous adverts on Radio Luxembourg – about the only radio station, beyond the then insipid BBC, to play rock music in the mid-60s – stand equally as one of the elements that made Keynsham widely known if not actually famous. Indeed, without those adverts the Bonzos would never have heard of Keynsham.

The Bonzo's legacy has survived well, not least because of their extensive collaborations with the Monty Python team and their appearance in the Beatles' *Magical Mystery Tour* film. When Loungers opened their bar and restaurant in Keynsham three years ago there was little doubt about the name it would be given.

However the Bonzos never actually visited Keynsham and, for them, the place was little short of mythical – a kind of representation of a small English town. I knew this from meeting them in 1970, and Neil Innes, one of the two "front men" of the band, and the voice on their hit single *Urban Spaceman*, told us much when chatting after a recent solo performance in Bath – but he still hasn't been to Keynsham! In fact, when given



a chance, on returning to London from a show in Bristol in early 1970, the band refused a chance to see Keynsham, and dropped me off on the bypass at Echo Bridge! For them Keynsham was to remain a myth!

However perhaps these links can be drawn together in 2019. Speaking to Neil Innes, and to the agent of the other remaining Bonzos, an appearance in Keynsham next summer has not yet been ruled out – fingers crossed!

2019 is also the 50th anniversary of the Beatles Abbey Road album – for many their best – and a concert of a live performance of the whole album, organised by Saltford's Nick Pallett, is already booked for next summer, and may be the opening act of The Festival.

The Festival Audience can also look forward to a second full opera next summer with arrangements for Donizetti's L'elisir d'amore currently well under way. Keynsham Music Festival will continue to offer something for everybody.

Well over 15,000 people made up the Festival audiences last summer – from across the whole community - and 133 volunteers put in over 400 hours work to make it happen. If you are interested in being involved in Keynsham Music Festival 2019, the 23rd Festival, please email [info@keynshamfest.co.uk](mailto:info@keynshamfest.co.uk):

*Ric Davison, Festival Organiser*



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## FIRST BUS SERVICE CHANGES

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There are a number of changes being implemented to First bus services.

The following timetable alterations have been announced to coincide with the announcement of a new flat rate fare for any single journey within the West of England zone, which includes journeys into Bath and Bristol. This extends eastwards as far as Ellsbridge House, Cherry Garden Road and Oaklodge Farm and southwards to Pensford Hill. The new fare will be a flat rate of £2 and £2.50 depending on the ticket type required.

Changes will affect the 17 service which will see the two late evening services leaving Southmead Hospital (2220 and 2320) terminating at Kingswood, they will not travel on via Hanham and Longwell Green to Keynsham.

There are also some changes to early evening Monday to Friday journeys between Southmead Hospital and Kingswood, with some journeys

withdrawn. Please consult First bus timetables for further details.

The Sunday and public holidays timetable will be revised to operate hourly between 0830 and 2030, with early morning and late evening journeys withdrawn.

A taxi will replace the full size bus on the number 349 between Keynsham Church and Park Estate on Mondays to Saturday evenings. The taxi will meet all the 39 journeys from Bath and Bristol between 2015 and 2315 and will be free of charge for customers holding First tickets to and from Keynsham.

The number 6 and number 7 have also had timetable revisions. The route around Mangotsfield will only be served between 0900 and 1700. Alternative services include the 49 and Y5, though this will involve a walk for customers using stops in Hill House Road and Charnhill Drive.

Passengers needing to travel from Southmead to Keynsham on the changed evening services are advised to take the 24 or 76 to the city centre and then change to the 39.

## KEYNSHAM SHOP FEATURES IN GOK WAN SHOW

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Perfect Fit in Keynsham featured on Gok Wan's One Size Fits All tour.

The TV fashion guru held a masterclass in fashion and body confidence at his show in the Mercure Hotel in Bristol in October with products and staff from Perfect Fit making an appearance in one demonstration.

## PLANNING GRANTED FOR CHANGES TO FORMER NEW LOOK

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Planning permission has been granted for the former New Look shop on Keynsham High Street. The planning proposal was to widen the access at the rear of the shop, as well as re-rendering the front and altering the first floor windows. The work will also include the installation of a steel staircase down to street level at the back of the building.

The application was submitted in August and was approved on 19th October, so far there has been no confirmation as to who will be taking over the tenancy.

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# KEYNSHAM NEWS WHAT'S ON

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## NOVEMBER

- 14th** - Longwell Green Primary School open day 6pm.
- 16th** - Rock n Roll at Somerdale Pavilion, 7.30-11.30pm.
- 17th** - Kenysham Winter Craft and Gift Fair.
- 17th** - First Keynsham Park Run, 9am at the Pavilion.
- 18th** - Keynsham Dandy, the new Keynsham Dandy Race is a fully marked 12 mile trial race.  
[www.tach.org.uk/tach-races](http://www.tach.org.uk/tach-races)
- 19th** - Planning and Development Committee meeting, KTC.
- 20th** - Town Council Meeting.
- 23rd** - Just Tribute at Somerdale Pavilion 7.30-9pm.
- 27th** - Personnel Committee Meeting, KTC.
- 30th** - Keynsham Winter Festival.

## DECEMBER

- 6th** - Keynsham Film works Hotel Salvation screening.
- 8th** - Keynsham Farmers' Market.
- 8th** - Dennis Demille from the Ratpackers Christmas Special at Keynsham Conservative Club.
- 10th** - Planning and Development Committee meeting.
- 11th** - Town Council meeting.

**13th** - Key Voices Winter Solstice Concert at St. Dunstan's Church, Bristol Road. Adults £5, including refreshments, payable on the door. Doors open at 7.00pm.

**14th** - Keynsham Comedy Club Smiley Spaces – The Space.

**15th** - The Christmas Soul Club at Kenysham Conservative Club.

**21st** - Somerdale Christmas party with The Alligators.

**31st** - New Year Family Disco at the Pavilion, call 01179 865 787 for tickets and prices.

## JANUARY 2019

- 3rd** - Keynsham Film Works The Red Turtle screening.
- 7th** - Planning and Development Committee meeting.
- 8th** - Finance and Policy Committee meeting.
- 9th** - Arts Joint Committee meeting.
- 10th** - Allotments Committee meeting.
- 15th** - Town Council meeting.
- 28th** - Planning and Development Committee meeting.

## FEBRUARY

- 7th** - Keynsham Film Works The Other Side of Hope screening.
- 9th** - Farmers' Market.
- 18th** - Planning and Development Committee meeting.
- 19th** - Town Council Meeting.

## CHART TOPPERS **APPEAR IN KEYNSHAM**

Popular indie-rock band, Razorlight, appeared in The Space, Keynsham, recently treating fans to an acoustic set featuring their best loved hits as well as new material before signing copies of their long awaited new album.

The concert was organised by Temple Street music shop, Longwell Records, who regularly organise in-store appearances and booked the Space for Razorlight with just a few days' notice after the band said they wanted to come to the region as part of their in-store tour to promote the new album.

Longwell Records' owner, Iain Aitchison, told reporters that it had been a wonderful gig and he was humbled that Razorlight had come to play in Keynsham.

Longwell Records was also shortlisted in the final 25 of the Uk Best Small Shop competition. The competition is run each year by Indie Retail which promotes the interests of independent retailers across the country.

## CHRISTMAS FOOD **DONATIONS NEEDED**

Keynsham Foodbank, which last year fed 446 adults and 400 children is starting their campaign for Christmas donations.

Speaking in a statement, the Foodbank's conductor, Alan Hale, said: "Our dropboxes are collected from Tesco and Waitrose in Keynsham each Tuesday and the distribution centres place their orders with the warehouse once a week. This process does not normally cause a problem until Christmas when the date becomes critical. Ideally, we would like to be receiving Christmas fare now, provided the use by date takes it beyond Christmas. This would mean we can give those we help the treats and Christmas food that so many of us take for granted."

Anyone who makes donations at the two supermarkets should look at the white boards located above the drop boxes which are updated regularly with items that are particularly needed for that week.

## KEYNSHAM'S FREE WC **SCHEME IS A HIT**

Keynsham residents have welcomed the launch of a new Free WC scheme.

Half a dozen businesses in the High Street and Temple Street have so far signed up to displaying the new Free WC here signs in their windows to indicate that members of the public can use their toilet facilities without having to make a purchase.

The project was launched by residents Andy Wait and Hal MacFie and seems to have been well received by members of the public.

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## KEYNSHAM FARMERS' MARKET SCOOPS A GOLD AWARD!



Keynsham Farmers' Market has been awarded Gold in the Taste of the West Farmers' Market awards!

This is a great achievement for the Town and the market which, over the past 15 years, has overcome the ravages of Foot & Mouth disease, major global recession and competition from cheaper food outlets.

Keynsham has proved itself a Town which sees 'the bigger picture', supporting a market that encourages animal welfare, sustainability and local produce. Food producers are obliged, where possible, to use ingredients,



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such as eggs, butter and flour, sourced from local farms and mills. This ensures that the benefits are maximized within the local economy.

The market accommodates approximately 20-24 food producers. Most of the traders are family run farms and enterprises, many of which have won awards for the quality of their produce. Being able to buy from the farmer and food producer directly ensures that customers can build up a trusted relationship, find out about the issues and even visit the farms at the popular 'Open Farm Sunday' events.

The market takes place on the 2nd Saturday of the month, from 9am-1pm. The next market will be the Christmas event on December 8th in Market Walk.



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## MINDSPACE CLUB



**A social support club for people living with dementia and their carers**

Are you living with memory loss or dementia?

Do you have a family member who is?

Looking for something to do in a friendly welcoming group?

Come and visit us at our FREE open sessions!

29 September, 27 October, 24 November 11-1pm,

Please join us for good company and a home-cooked lunch at

One Community Trust, 1 The Park, Keynsham BS31 2BL

(Behind St John's Church, Parking available!)

We have extensive personal and professional experience of supporting people who are living with memory loss and dementia. We are looking to develop a friendly, welcoming club where you can come for social activities, food and support. Come and talk to us over a home cooked lunch. If you'd like to come please email [mindspaceclub@gmail.com](mailto:mindspaceclub@gmail.com) or call 07724066813. Let us know which day you would like to attend and we will send you details of how to find us!

*We look forward to seeing you - Sue, Kate and Kathleen.*



## MAKE THIS CHRISTMAS ONE TO REMEMBER WITH THE AVON VALLEY RAILWAY

Join the Avon Valley Railway this festive season for a ride on one of our steam-hauled trains and enjoy a special visit from Father Christmas!

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## DEAR WOMBLES



Thank you to everyone who came and helped at our litter pick down by the side of the river on World Clean Up Day - overall we felt there was much less litter than we found at previous litter picks in the same area, so perhaps our persistence is paying off. I was also delighted to find two people who are regularly litter picking the car park which makes a huge difference - thank you to everyone for your help!

### Winter Festival

30 November - Evening

We are the official litter pickers for the Winter Festival. This is a lovely evening and gives us a chance to interact with others living in Keynsham, and helps the ambience of the event by keeping the streets clean during the event (no St Paul's Carnival litter disaster here thank you!) - if you would like to help for an hour or two do let me know [womble@transitionkeynsham.org](mailto:womble@transitionkeynsham.org) - I'll be starting a rota soon.

### WordPress

With the help of the lovely Lucie Grey of Paper Aeroplane Creative, I've been making a start on writing a website for the #NoPlaceForLitter project. We are using WordPress and making some progress, but if there were any Wombles out there with technical knowledge of WordPress and who were happy to donate some of your knowledge and time please do get in touch!

### New Wombles!

We have had quite a few new Wombles sign up recently - thank you very much for joining us, you are very welcome! If there is an area you would like to 'adopt' for regular litter picking near your home just let me know. If you need equipment (grabbers, gloves, hi viz vest, hoop) I will be happy to deliver. Also happy to answer any questions/concerns.

*Thank you all so much for all you are doing!  
Erica*



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## BADMINTON CLUB MOVE

Due to the refurbishment at Keynsham Leisure Centre, Keynsham Badminton Club are now playing at Oldfield School in Bath. The club enters teams in the Bristol and Mid-Glos badminton leagues.

As their new home is larger and has more court space, the club are eager to see a few new faces. Club nights are on Mondays from 7.30 to 10pm.

To find out more, visit  
[www.keynshambadmintonclub.co.uk](http://www.keynshambadmintonclub.co.uk)

## 98 MEALS PROVIDED IN HOLIDAY HUNGER SCHEME

Temple Street Canteen in Keynsham offered free school holiday lunches over the summer, thanks to a donation from the partners of Keynsham Lions.

The scheme was designed to help families who were struggling without school meals over the holidays. Free meals were available at the café every Tuesday. In total, 98 children were provided lunches.

WOULD YOU LIKE TO **ADVERTISE?**

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For more information about joining one of our clubs or becoming a volunteer go to  
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# KEYNSHAM NEWS THINGS TO DO

## MONDAY

**Keynsham WI** meets on the last Monday of the month (Excluding Bank Holidays) at The Royal British Legion Club, Charlton Road, Keynsham at 7.30pm. We have a good variety of speakers, Book Club, Walking Group, Craft Group and trips out in the local area and further afield. If you would like to find out more please see the Keynsham WI website.

**Keynsham's community singing group** meet every Monday between 7.15pm to 9.30pm at St Dunstan's Church Hall, Bristol Road. Contact Roy on 0117 949 8587 for more information.

**Free community play sessions** are being held on Mondays in Downfield Park, Cleeve Grove, Keynsham between 3.30pm and 6pm. The sessions are arranged by Wansdyke Play Association. For more information, contact [admin@wpg-play.com](mailto:admin@wpg-play.com).

**ChoirJam pop choir** 7.30 – 9pm at Somerdale Pavilion, Cross Rd, Keynsham BS31 2FW. Singing everything from Fleetwood Mac to Adele and having a lot of fun doing it! Adults of all ages are welcome to join. A friendly bunch and there's no audition or experience necessary – you just need to be enthusiastic and to love singing. To book a free taster session contact Emma Hutchinson 07793 983040, [emma@choirjam.co.uk](mailto:emma@choirjam.co.uk) or visit [www.choirjam.co.uk](http://www.choirjam.co.uk).

**Baby Massage** at Keynsham Children's centre. For more information please contact 01225 395400.

**Babies Group** from 11.00am-12.30pm. For mums and dads with babies up to 18 months. Pregnant women and partners welcome at Keynsham Children's Centre.

**Keynsham Elim Church** Toddler group at 9.30am.

**Youth Group** meets on a Monday night and is open to all young people in school year 8 and above. From 7pm to 9pm at St John's Youth and Community Centre.

**Pregnancy Pilates** with B Well Pilates. 6.50pm, Lansdown Hall, WellsWay School. Call Beth 07984582228.

**Public swimming** at Keynsham Leisure Centre from 6.30am to 12pm and 1pm to 7pm.

**Pilates and Integral Health Yoga** at Broadlands Academy, Keynsham. Pilates 6 - 6.45pm and Yoga 6.55 to 7.55pm. For information call 07789 880415.

**Beginners Pilates for back pain.** Help relieve the agony of back pain by stretching and strengthening the back muscles and improving your core. Suitable for beginners and individuals with herniated discs. No previous experience needed. No sit ups, no crunches. Low impact gentle, exercise. Suitable for those with back injuries. Go at your own pace. 5.45pm - 6.45pm at Fear Hall, 30 High St, Keynsham, Bristol BS31 1DQ [www.yogakeynsham.com](http://www.yogakeynsham.com) Sandhya 07736 592363.

**Slimming World** Queens Road Methodist Church 7.30 pm call Sharon 07401 948239.

**Key Voices** Keynsham's friendly community choir meet at St. Dunstan's Church Hall, Bristol Road from 7.15pm to 9.30pm. For more information visit [www.keyvoices.jimdo.com](http://www.keyvoices.jimdo.com) or call Karen on 01761472708.

## TUESDAY

**Keynsham Old Time Dance Club** meet at the Fear Hall, High Street 7.30-10pm. Easy, friendly, social atmosphere, visitors and new members welcome. Further details on 0117 9864785.

**St Keyna Townswomens Guild** meet every second Tuesday of the month between 9.45am and 11.45am in the Fear Hall, High Street, Keynsham. There are always lots of interesting speakers covering wide ranging subjects. Sub groups meet on other days and these include Art, Books, Outings, Skittles, Walkers, Scrabble and many more. It is an enjoyable way to make new friends or embark on a new hobby so do come along to our next meeting - enjoy a cup of tea

or coffee and you will be made most welcome.

**The Fry Club Joggers** run various 10K routes in and around the Keynsham area Tuesdays, meeting at 7pm. For more information please contact us via our 'Fry Joggers' Facebook Page

**Early Support** Stay & Play Sessions from 9.30am-11.15am on 2nd & 4th Tuesday of the month. Contact Keynsham Children's Centre 01225 395400.

**ChoirJam pop choir** 7.30 – 9pm at the Fear Hall in the High St. Singing everything from Fleetwood Mac to Adele and having a lot of fun doing it! Adults of all ages are welcome to join. A friendly bunch and there's no audition or experience necessary – you just need to be enthusiastic and to love singing. To book a free taster session contact Emma Hutchinson 07793 983040, emma@choirjam.co.uk or visit [www.choirjam.co.uk](http://www.choirjam.co.uk).

**Holy Communion** at Keynsham Baptist Church every third Tuesday of the month at 7.30pm.

**Public swimming** at Keynsham Leisure Centre from 6.30am to 8pm.

**Keynsham Walking Football Club** 10 - 11am at Keynsham FC on 3G pitch for over 65's. Just turn up and play. For more details contact Martin on 07754 543719 or [martincoles@blueyonder.co.uk](mailto:martincoles@blueyonder.co.uk).

**Slimming World** Queens Road Methodist Church 9.30 am, call Sharon 07401 948329.

**Stay curious at Somerdale Shed**, every Tuesday 6-9pm, a social club for interesting people who like to do interesting things. Join us in our community shed to make, mend, create, learn, inspire and be inspired in a wide range of shared activities. Somerdale Shed, Tiberious Road, Keynsham BS31 2FH.

**Mixed Ability Pilates** with B Well Pilates, 7pm St John's Hall, Keynsham. Call Beth 07984582228.

## WEDNESDAY

**Keynsham Duke of Edinburgh's** Keynsham Open Award Centre meet Wednesdays, 7.30-9.00pm at Somerdale Pavilion. Contact Lynn Whitfield [dofekoac@gmail.com](mailto:dofekoac@gmail.com).

**Project Night** at TimeOut, project based session aimed at developing young people's life skills. 7pm to 9pm every week for 13 – 19yrs. Topics decided by young people, currently Young People's Sexual Health until 31.03.17. Limited to 14 young people. TimeOut building 16 Bath Hill.

**Public swimming** at Keynsham Leisure Centre from 6.30am to 4pm.

**ChoirJam pop choir** meets on Wednesday mornings 11am – 12.30pm at the Fear Hall in the High St. Singing everything from Fleetwood Mac to Adele and having a lot of fun doing it! Adults of all ages are welcome to join. A friendly bunch and there's no audition or experience necessary – you just need to be enthusiastic and to love singing. To book a free taster session contact Emma Hutchinson 07793 983040, emma@choirjam.co.uk or visit [www.choirjam.co.uk](http://www.choirjam.co.uk).

**Speech & Language** Toddler Time 10am-12noon (referrals only). Telephone 01225 831752 or speak to your health visitor.

**Maths@67** runs every Wednesday in term time from 4pm to 5pm for children in years 5 and 6. For more information contact [community@67](mailto:community@67) on 0117 9863961.

**Keynsham Elim Church** Toddler group at 9.30am.

**Circuits** at Keynsham Sports Centre from 6.35 - 7.30pm.

**The Keynsham Good Afternoon Choir** meets every Wednesday afternoon from 2pm - 4pm at Keynsham Methodist Church. There is NO charge for attending your first rehearsal and there are no auditions. Everyone is welcome. Bath music-man Grenville Jones is the conductor and Sandie Middleton is the accompanist.

**Beginners Pilates for back pain** (more mature). Help relieve the agony of back pain by stretching and strengthening the back muscles and improving your core. Suitable for beginners and individuals with herniated discs. No previous experience needed. No sit ups, no crunches. Low impact gentle, exercise. 10-11am St Francis Hall, Warwick Road, Keynsham, BS31 2PW (parking available). [www.yogakeynsham.com](http://www.yogakeynsham.com) Sandhya 07736 592 363.

**Turn It UP** is a brand new singing club for teens aged from 12 - 17 who love singing pop or want to learn how. The first session is on Wednesday 13th September, 7.00 - 8.30pm at the Somerdale Pavilion, Cross Road, Keynsham, BS31 2FW and we meet every Wednesday during term time. If your teen is interested in joining Turn It UP, please contact Emma Hutchinson 07793 983040, [hello@turnitupclub.co.uk](mailto:hello@turnitupclub.co.uk) or visit [www.turnitupclub.co.uk](http://www.turnitupclub.co.uk).

**Photography While You Walk** Learn more about your local community by exploring it through a camera lens. Take part in walks and discussions in a friendly group. Cameras, smartphones, tablets all welcome! Cameras can be provided. No experience necessary. Wednesdays 11am - 1pm, at Community @ One, behind St. Johns Church, Keynsham. To book contact: Bath College Adult Community Learning: 01225 328822. Email: [Rachel.biggs@bathcollege.ac.uk](mailto:Rachel.biggs@bathcollege.ac.uk) or The Wellbeing College 01225 831820 [www.wellbeingcollegebanes.co.uk](http://www.wellbeingcollegebanes.co.uk).

## THURSDAY

**Open Doors** Community Café, 10am-12 noon St Francis Church.

**Mother and Toddler groups** 10am St John's Parish Church Hall.

**Music for the Mind** at St Dunstan's Church Hall 10.30am - 12pm for those with dementia diagnosis. Second and fourth Thursday of the month. Free admission, for more information contact 0117 9837923 or [dementiafriendlykeynsham@gmail.com](mailto:dementiafriendlykeynsham@gmail.com)

**Open Access at TimeOut** for 13 - 19 yrs from 7pm to 9.30pm. Usual facilities of a Youth Centre, when Wi Fi is connected will have IT access via 4 PCs to include animation facilities, Music Studio, Arts and Crafts, Movie Nights, Gaming area, Cooking. TimeOut building 16 Bath Hill. Contact 0117 9868 683 for more information.

**ASP Poetry Circle** meet 3rd Thursday of the month. Bring a couple of poems to share, another poet's or your own. Suite 7, Mathematics Unit, Broadlands School, St Francis Road, Keynsham, BS31 2DY, 7.30 - 8.30pm. For more information visit [www.asppoetrycircle.freeblog.site](http://www.asppoetrycircle.freeblog.site) or contact Mary 0117 986 2257.

**Keynsham Film Works** meet on the first Thursday of every month (except in July and August) at The Community Space, Civic Centre, Market Walk, Keynsham at 7.45pm.

**Keynsham Elim Church** Toddler group at 9.30am.

**Yoga class at Saltford Hall**, Wedmore Road (some experience is beneficial) 6.15pm to 7.45pm call 01761 472616.

**Public swimming** at Keynsham Leisure Centre from 6.30am to 11.15am and 12.15pm to 7pm.

**Aqua Aerobics** at Keynsham Sports centre from 10.30am to 11.15am and 7pm to 7.45pm.

**Slimming World** Classes at Keynsham Baptist Church, High street at 3.30pm, 5.30pm and 7.30pm. Call Kelly for more information on 07795 951137.

**Childminding Group** from 9.30am - 11.30am at Keynsham Children's Centre. Contact Sarah Allum on 01225 396071 or 07530 233002.

**Wellsway Short Mat Bowling Club** meet at the Scout Hut, Ashton Way, Keynsham from 1.15pm to 4.15pm. New members are welcome. For more information contact Dave Sawyer on 01225 872780.

**Yoga For Beginners** Time: 6 - 7pm cost: £48 (6 weeks) or £10 drop-in at Saint Francis Hall Warwick Road, Keynsham, Bristol BS31 2PW. Onsite parking available.

**Mixed Ability Pilates** with B Well Pilates 7pm Lansdown Hall, Wellsway School. Call Beth 07984582228.

**Family Yoga** at Fear Hall, Keynsham from 10.45am, for more info see [www.yogakeynsham.com](http://www.yogakeynsham.com).

**Beginners Yoga** for the inflexible. Relax, calm and create a sense of balance with this beginners yoga class. Learn the poses whilst reducing stress and anxiety. Suitable for pregnancy, beginners and those that feel as stiff as a board. 6.15-7.15pm St Francis Hall, Warwick Road, Keynsham, BS31 2PW (parking available) [www.yogakeynsham.com](http://www.yogakeynsham.com) Sandhya 07736 592 363.

**Free buggy walk** 9.15am. Home alone with baby? Join us for a gentle 45 minute walk around Keynsham. We will finish up back at a buggy/ breastfeeding friendly

café in Keynsham with baby changing facilities with time to chat in a relaxed atmosphere. So if you are home alone with baby why not come join us, make some new friends, get some exercise and enjoy the outdoors. Whatever the weather a walk in the fresh air with people in the same boat is always what the doctor ordered! Tell your friends and get them to sign up too. Sandhya 07736 592 363

## FRIDAY

**Tea 'n' Tots** meets 9.30-11.30 every Friday morning during term time in Keynsham Baptist Church hall. This is a free drop-in for babies, toddlers and their carers, with toys, craft, stories and singing. For more information contact Hilary on 01225 874791 or the church on 0117 986 3112.

**Keynsham Table Tennis Club** for over 14s, 6-9pm at Somerdale Pavilion. Members £3, non members £4. Mixed ability with equipment provided and four tables. More information on Facebook: KeynshamTTClub or Twitter: KeynshamTTC.

**Parent Support Group** from 9.30am-11.30am, Term Time Only Drop in group for parents/carers, get support, meet other parents and learn practical tips. A creche is available for 0-5 year olds. Places must be booked in advance, at Keynsham Children's Centre.

**Public swimming** at Keynsham Leisure Centre from 6.30am to 7pm.

**Zumba** at the River Suite from 6.40pm every week for 50 minutes.

**Keynsham Walking Football Club** 10 - 11am at Keynsham FC on 3G pitch. Just turn up and play. For more details contact Martin on 07754 543719 or martincoles@blueyonder.co.uk.

## SATURDAY

**Mass** at St Dunstan's Catholic Church at 6pm.

**Avon Valley Car Boot Sale** every Saturday, 7am selling, 8.30 am buying. Cars £8, vans, £10. Pixsash Lane, Keynsham.

**Keynsham Town's** under 13's football team train every

Saturday between 10am and 12noon. Contact Darren on 07904 036483 for more information.

**Public swimming** at Keynsham Leisure Centre from 8.00am to 2.45pm.

**Zumba exercise class** at The River Suite from 8.55am - 9.45am.

**Pay and Play** badminton at Keynsham Sports Centre from 5pm to 7pm.

**Yoga Hatha** at the River Suite from 11am for 60 mins.

**Yoga** at The River Suite from 11am to 12pm.

## SUNDAY

**Inflatable play** in the Swimming pool at Keynsham Leisure Centre from 3.45pm to 4.45pm.

**Mass** at St Dunstan's Catholic Church at 10.30am.

**Holy communion/morning prayer** at St John the Baptist Church at 9.30am.

**Open door service** St John the Baptist Church 11.15am.

**Holy Communion** at Keynsham Baptist Church at 10.30am on the first Sunday of each month.

**Sunday morning service** at Keynsham Methodist Church at 10am.

**(Monthly) Yoga** for all the family with Sandhya – 2nd Sunday of the month, 10.30am. Family Yoga is open all but will be most suitable for 3-7yr olds but all ages welcome, mums, dads, Grandma's and Grandpa's, Carers. Fear Hall, 30 High St, Keynsham, Bristol BS31 1DQ. [www.yogakeynsham.com](http://www.yogakeynsham.com), 07736 592363

**Keynsham Parish Players** are looking for new members to join their happy band, both on and backstage. Rehearsals take place in the Parish Hall every Sunday afternoon and often during the week, to join call 0117 986 3354.

**Public swimming** at Keynsham Leisure Centre from 8.00am to 11.30am and 12.30pm to 6pm.

**Aqua aerobics** at Keynsham Leisure Centre from 7pm to 7.45pm.

# - THE CROWN -

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# KEYNSHAM TOWN COUNCIL

**O**ur office at 15-17 Temple Street, Keynsham, Bristol BS31 1HF is open from 9am to 4pm Monday to Friday and staff are happy to answer any questions or queries you may have.

You can contact us by: Telephone: 0117 986 8683  
Email: [townclerk@keynsham-tc.gov.uk](mailto:townclerk@keynsham-tc.gov.uk)  
[www.keynsham-tc.gov.uk](http://www.keynsham-tc.gov.uk)



Keynsham Town Council website, facebook page and twitter feed provides information and updates regarding activities and



opportunities within the Town Council and can promote helpful thoughts and comments through sharing opinions.

## KEYNSHAM TOWN COUNCIL MEETINGS

KEYNSHAM RESIDENTS are welcome to attend Town Council meetings in the Community Space, Keynsham on **Tuesdays** at 7.30pm.

### TOWN COUNCIL MEETINGS

2018 - 20 November, 11 December

2019 - 15 January, 19 February, 19 March

### PLANNING & DEVELOPMENT COMMITTEE MEETINGS

held in the Town Council office 15-17 Temple Street, Keynsham on **Mondays** at 7.30pm.

2018 - 19 November, 10 December

2019 - 7 January, 28 January, 18 February, 11 March

### OFFICE CLOSURE OVER CHRISTMAS PERIOD

The Town Council Office will close at 2pm on Christmas Eve and reopen on Wednesday 2nd January 2019.



## family matters

Find all of the information you will need in one place for you and your family at [www.familymatters-uk.co.uk](http://www.familymatters-uk.co.uk)

Family Matters brings you a raft of things to do. Competitions, places to visit and suggested ideas on health & wellbeing, family unity and fun too!

# WWW.FAMILYMATTERS-UK.CO.UK

### HAVE YOU ALSO SEEN OUR MAGAZINE?

Full of information, competitions, what's on and much more.  
**Call us today if you would like a copy posted to your home address or look at them online.**



Tel: 01761 410141 [www.familymatters-uk.co.uk](http://www.familymatters-uk.co.uk)

Find us on





# YOUR TOWN COUNCILLORS

Keynsham Town Councillors are elected to help you.  
If you have any problems or want action taken on a local issue which concerns you  
contact one of your local Councillors below.



Keith Baker  
Conservative (North)  
Tel: 0117 9071090  
keithfbaker@me.com



Mathew Blankley  
Conservative (East)  
Tel: 07912 145900  
mathew.blankley@gmail.com



Dave Biddleston  
Labour (South)  
Tel: 0117 9870081  
davebiddleston@hotmail.co.uk



Judith Cron  
Conservative (East)  
Tel: 07751 657370  
judecron@hotmail.co.uk



Tony Crouch  
Labour (South)  
Tel: 0117 9864648  
anthonicrouch@hotmail.com



Robert Elcombe  
Vice Chairman  
Conservative (East)  
Tel: 0117 9860305  
bobelcome@outlook.com



Carole Duckett  
Conservative (North)  
Tel: 0117 9865350  
caroleduckett@caduceplus.com



Siri Edwards  
Conservative (South)  
Tel: 0117 9869686  
terrysiri@hotmail.com



Clive Fricker Chairman  
Conservative (East)  
Tel: 0117 986 9250  
clive.fricker@hotmail.com



Lisa O'Brien  
Conservative (North)  
Tel: 07867 906163  
lisa\_o'brien@bathnes.gov.uk



Brian Simmons  
Conservative (North)  
Tel: 0117 9096596  
brian\_simmons@bathnes.gov.uk



Kate Simmons  
Conservative (South)  
Tel: 07798 831020  
katesimmons82@hotmail.com



Allan Sinclair  
Conservative (South)  
Tel: 07707 013746  
allan.sinclair@blueyonder.co.uk



David Brassington  
Liberal Democrat (North)  
Tel: 0117 9867876  
davidbrassington44@btinternet.com



Hal Macfie  
Liberal Democrat (East)  
Tel: 0117 986 3590  
hal@halmacfie.com

Keynsham Town Council, 15-17 Temple Street, Keynsham, Bristol BS31 1HF, Tel: 0117 9868683  
Email: [townclerk@keynsham-tc.gov.uk](mailto:townclerk@keynsham-tc.gov.uk) | [www.keynsham-tc.gov.uk](http://www.keynsham-tc.gov.uk)

# Treating minor illnesses yourself

A wide range of medications can be purchased from pharmacies and supermarkets. These medications are usually cheaper than a prescription and you can get them without seeing your doctor.

## Indigestion or heartburn

Antacid medicines reduce the symptoms of heartburn and relieve pain.



## Pain

Simple pain relief, e.g. paracetamol and anti-inflammatory drugs, e.g. ibuprofen.



## Coughs and colds

Simple pain relief, e.g. paracetamol or ibuprofen

Cough mixtures (may contain paracetamol)

Cold remedies (may contain paracetamol)

Decongestants.



## Piles (Haemorrhoids and constipation)

Creams, ointments or suppositories can help soothe

Local anaesthetics may relieve pain, burning and itching

Laxatives can make it easier to go to the toilet and reduce straining.



**Speak to your local pharmacist for  
expert advice on the best treatment  
for your symptoms**



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**Linden**  
HOMES

Photographs show typical Linden homes. Interiors may include optional upgrades or extras available at additional cost. †Part Exchange is available on selected Linden homes only. We reserve the right to refuse to agree to Part Exchange of your current home and we are under no obligation to give reasons why. Part Exchange may not be available in conjunction with any other offer. For full terms and conditions please visit [lindenhomes.co.uk/schemes/part-exchange](http://lindenhomes.co.uk/schemes/part-exchange). ‡Assisted Move is available on selected new Linden homes only. We reserve the right to refuse to agree to Assisted Move and we are under no obligation to give reasons why. Assisted Move may not be available in conjunction with any other offer. For full terms and conditions please visit [lindenhomes.co.uk/schemes/assisted-move](http://lindenhomes.co.uk/schemes/assisted-move). ^Terms and conditions apply, please speak to your Sales Advisor for details. Price and details correct at time of going to press.